



## Basara Educational and Welfare Society Annual Report: 2022-2023



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## Executive Summary

**Basara Educational and Welfare Society** is committed to improving the lives of Underprivileged communities in Bihar. This report highlights our key achievements during the year 2022-2023. Our focus on basic health check-ups, blanket and saree distribution made a tangible difference. We successfully conducted 6 blanket distribution camps, reaching 1100 beneficiaries. In 7 health checkup camps organised by BEWS identified 162 individuals with diabetes and 217 individuals with high blood pressure, providing critical early intervention.

## Introduction

Since its inception in May 2021, Basara Educational and Welfare Society is dedicated to promoting health, education, and empowerment in underprivileged communities. With a strong presence in Bihar, our organization has been working tirelessly to address critical issues affecting vulnerable populations. Our team consists of experienced professionals committed to making a positive impact through sustainable and community-driven initiatives.

## Our Vision

Our vision is to engage more people in the fight for better Life, education & Health of needy people & women empowerment.

## Our Mission

Our mission is to enhance quality of life for all and create lasting solutions to poverty, hunger, and social injustice. To provide support build capacity and integrate individuals into main stream society who have traditionally been suppressed personal, social, economic, and political domains.

## Objectives

To support its vision and mission BEWS has considerable objectives which are as follows:

1. To open a college to revive the dreams that were sacrificed due to a lack of money
2. To promote education, awareness, skills, and IT by establishing educational institutions, centres, hostels, and vocational training programs.
3. To empower women to face harsh realities and counter-violence within the home and society through education, self-help, cooperatives, networking, and access to rights.
4. To reduce poverty by improving the economic status of individuals through income-generating activities.

5. To empower youth and adolescents by providing vocational and skill development training for sustainable livelihoods and employment.
6. To rehabilitate child labourers and educate children about their rights.
7. To improve the health status of communities through medical camps, health education, and awareness programs for underprivileged populations in remote villages.
8. To eradicate illiteracy.
9. To promote gender equality.

The Basara Educational and Welfare Society has expertise in many areas of activity that give wings to its vision and mission.

1. Women's Awareness Programme: This program aims to educate women about their rights, health, and opportunities.
2. Cultural Programme: Under this program, events and activities are organized to preserve and promote cultural heritage, fostering community spirit and cultural pride.
3. Women's Empowerment: This program focuses on providing women with the skills, education, and resources needed to achieve economic and social independence.
4. Training Programme & Workshops: Practical sessions and courses that equip participants with specific skills and knowledge for personal and professional development.
5. Seminars & Conventions: These events focus on community development and individual growth.
6. Medical and Awareness Camps: These camps focus on providing communities with health practices and disease prevention, especially in underserved areas.
7. Youth Empowerment: This program aims to equip youth with the skills, confidence, and opportunities needed to become active, responsible members of society.



**Basara Educational and Welfare Society** is dedicated to empowering underprivileged communities through holistic development. This report outlines our key activities and their impact during the year 2022-2023.



*Dr. Parmeshwar Ojha*  
*Secretary, Basara Educational And Welfare*  
*Society*

*"Witnessing the impact of our health camp has been incredibly rewarding. The smiles on the faces of those who received medical attention and the gratitude expressed by the community are a testament to the power of compassion and service. We are committed to continuing our efforts to improve the health and well-being of those in need."*

## Basic Health Checkup Camps:



Recognizing the importance of early disease detection, **Basara Educational and Welfare Society** conducted seven comprehensive health checkups for diabetes and high blood pressure in Muzaffarpur, East & West Champaran, and Vaishali districts. A total of 1662 individuals benefited from these free Checkups. Early identification of 162 diabetic and 217 high BP individuals with

health concerns enabled timely medical intervention. 1285 other disease patients were also taking benefit of the health camp. Total number of drugs distributed to these patients were 1228. Collaborations with local healthcare providers ensured the quality of services.



**Details of Health Checkup Camps: Total Number of Health Checkup Camps: 7**

S. No	Date	Place	No. of Patients attended	Number of Drugs Distributed	Diabetic	High Blood Pressure	Other Disease
1	30-04-2022	Sahebganj Bazaar, Sahebganj, Muzaffarpur	248	195	24	35	189
2	28-05-2022	Kesariya Bazar, Kesariya, East Champaran	343	280	31	44	268
3	01-07-2022	Middle School, Manain	244	182	23	27	196
4	07-08-2022	Baidyanathpur, Sahebganj, Muzaffarpur	314	254	28	34	252
5	10-09-2022	Belakanti Dharhara, Sahebganj, Muzaffarpur	180	114	18	24	138
6	24-10-2022	Prabhu Sadan, Basara Shukl, Saraiya Muzaffarpur	189	102	20	31	138
7	28-01-2023	Dhanpura/Bangara, Saraiya Muzaffarpur	144	101	18	22	104
		<b>Grand Total</b>	<b>1662</b>	<b>1228</b>	<b>162</b>	<b>217</b>	<b>1285</b>





*A poor farmer lady with 4 children after receiving Shawls and Blankets during a blanket donation camp*

***"These shawls and blankets are like warm hugs from the sky. They have brought warmth to our bodies and hope to our hearts. Now, my children will not have to shiver through the night. I'm so grateful to the Basara Educational and Welfare Society for their kindness."***

## **Blanket Donation Camps:**

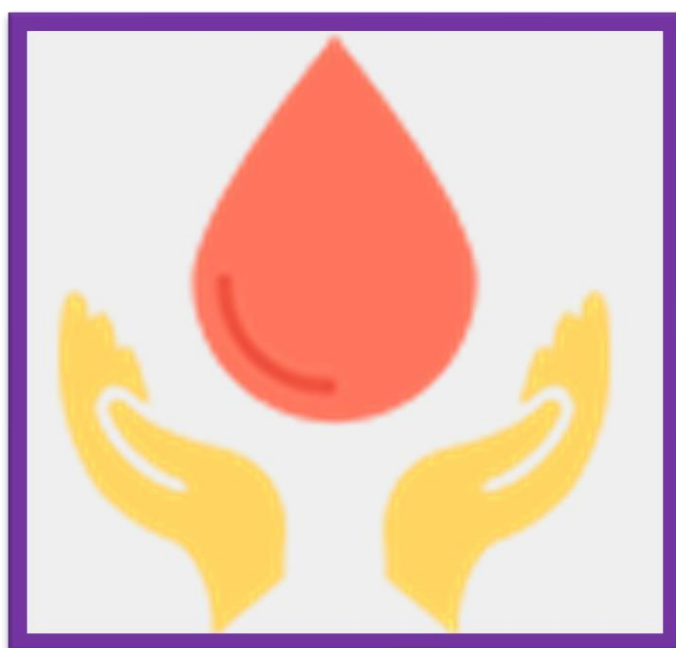
To address the challenges faced by the underprivileged during winter, **Basara Educational and Welfare Society** organized 6 blanket, saree, shawl and chadar donation camps at 6 different locations. These camps provided essential warmth and dignity to 1100 beneficiaries, including women, children, and elderly individuals. Partnerships with local government administration were instrumental in the success of these initiatives



***Blanket Distribution During a camp***

**Details of Blanket Donation Camps: Total Number of Blanket Donation Camps: 6**

S. No.	DATE	PLACE	BLANKET	SAREE	SHAWL	CHADAR
1	25-09-2022	MUSHHAR TOLA SAHPUR MUZAFFARPUR	0	100	0	0
2	19-02-2023	BELKANTI DHARHARA SAHEBGANJ MUZAFFARPUR	100	0	100	100
3	15-01-2023	BANGRA/ DHANUPRA SARAIYA MUZAFFARPUR	100	0	100	100
4	17-01-2023	KHAIRA- SARAIYA MUZAFFARPUR	50	0	50	50
5	20-01-2023	BANGRA- SAHEBGANJ MUZAFFARPUR	50	0	50	50
6	11-02-2023	NAVIN GANDHI UTKRAMIT MADHYA VIDYALAYA HUSSAINI EAST CHAMPARAN	100	0	0	0
		Grand Total	400	100	300	300





## **HIV/AIDS Intervention Report among Migrant Populations by Basara Educational and Welfare Society (BEWS)**

Intervention Areas: Saran, Samastipur, Patna, and Muzaffarpur

### **1. Introduction**

This report details the HIV/AIDS intervention efforts by the Basara Educational and Welfare Society (BEWS) aimed at migrant populations in the districts of Saran, Samastipur, Patna, and Muzaffarpur in Bihar. Migrant workers, often moving between urban and rural areas for employment, face unique challenges regarding HIV prevention, access to healthcare, and HIV testing. The objective of this intervention was to raise awareness, educate, and provide critical services that reduce the risk of HIV transmission among these vulnerable populations.

### **2. Background and Context**

Migrant populations, particularly those involved in low-paying, unregulated work, such as construction, agriculture, domestic labor, and factory jobs, are at higher risk for HIV due to:

- Limited access to health services in transit or rural areas.
- Lack of knowledge regarding HIV transmission and prevention methods.
- Stigma associated with HIV/AIDS, leading to fear of testing and treatment.
- Increased risk behaviors, including unsafe sex and needle-sharing, especially in informal settings.

Migrants often face challenges in accessing healthcare due to geographical mobility, lack of documentation, and language barriers. This makes HIV/AIDS prevention and treatment a critical issue that needs specialized attention.

### **3. Objectives of the Intervention**

The intervention aimed to achieve the following objectives:

- Increase awareness about HIV/AIDS, its transmission, and prevention among migrant populations.
- Promote safe sexual practices and encourage regular HIV testing.
- Facilitate access to HIV-related healthcare services for migrant workers.
- Reduce stigma and discrimination associated with HIV/AIDS in migrant communities.
- Support migrants living with HIV and help them access treatment and care.

### **4. Target Population**

The intervention specifically targeted:

- Internal migrants traveling between rural and urban areas for work.
- Laborers in construction, agriculture, factories, and domestic work.
- Migrant families who accompany workers and may be exposed to the virus.
- Vulnerable groups within migrant populations, including sex workers and individuals engaged in high-risk behavior.

### **5. Key Activities**

The following activities were implemented to address the needs of the migrant population in the target areas:

#### **a) Awareness Campaigns and Education**

- **Community Workshops:**  
BEWS conducted workshops in key areas where migrants reside, such as construction sites, agricultural farms, and bus/train stations. The workshops covered topics such as:
  - HIV transmission routes.
  - Importance of condom use.
  - HIV prevention methods, including PrEP (Pre-Exposure Prophylaxis).
  - Importance of regular HIV testing and available treatment options.
- **Dissemination of Educational Materials:**  
Brochures, posters, and leaflets were distributed at migrant hotspots, including labor camps, bus stands, and markets. These materials provided information on HIV prevention, condom distribution points, and where to access testing and counseling services.

- **Radio Programs and Social Media Outreach:**

BEWS collaborated with local radio stations and social media platforms to broadcast programs aimed at educating migrants about HIV, the importance of health checkups, and services available to them.

b) **Mobile HIV Testing and Counseling**

- **Mobile Clinics:**

To overcome geographical barriers, BEWS deployed mobile HIV testing clinics to areas with high migrant populations. These mobile clinics provided free and confidential HIV testing, counseling, and referrals for follow-up care.

- **Counseling and Psychological Support:**

Counseling services were offered alongside HIV testing, addressing concerns related to the stigma and fear of testing. Trained counselors also provided psychological support to those who tested positive for HIV.

c) **Condom Distribution and Safe Sex Education**

- **Condom Distribution Campaigns:**

Free condoms were distributed in labor camps, bus stations, and other areas where migrants congregate. Educational sessions on the correct use of condoms were organized to ensure effective HIV prevention.

- **Awareness on Safe Sexual Practices:**

Migrant workers were educated on safer sex practices, including the use of condoms during all forms of sexual contact. Special focus was given to high-risk behaviors, such as multiple sexual partners or interactions with sex workers.

d) **Partnerships with Local Healthcare Providers**

- **Collaboration with Local Health Centers:**

BEWS worked closely with government health departments, local clinics, and hospitals to create referral systems for HIV testing and ART (Antiretroviral Therapy) for migrants who tested positive for HIV.

- **Workshops for Health Providers:**

Healthcare workers in the targeted areas were trained to offer non-discriminatory and confidential HIV-related services. They were educated on how to provide care to migrant populations, considering their transient nature and potential reluctance to seek care.

e) **Peer Education and Involvement**

- **Peer Educators:**

BEWS recruited individuals from the migrant communities as peer educators. These peer educators engaged their fellow workers in discussions about HIV prevention, safe sex, and the importance of testing. Peer education proved effective due to the established trust between the educator and the community.

- **Support Groups for Migrants Living with HIV:**

Peer-led support groups were established for migrants living with HIV to provide emotional support, share experiences, and reduce isolation. These groups also helped participants learn more about living healthily with HIV and staying on treatment.

f) **Monitoring and Evaluation**

- **BEWS conducted regular monitoring to assess the effectiveness of the intervention, including surveys before and after the workshops to gauge increases in knowledge and changes in behavior.**

- **Feedback from migrant workers was collected through focus groups and individual interviews to improve the services and understand any barriers they may face in accessing HIV-related care.**

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## 6. Challenges Faced

Despite the success of the intervention, several challenges were encountered:

- **Mobility of Migrants:**

Migrants frequently move between regions, making it difficult to ensure consistent follow-up on HIV testing and treatment.

- **Stigma and Fear:**

Many migrants were hesitant to access HIV services due to fear of discrimination. There was also widespread misinformation about HIV, leading to reluctance in discussing HIV openly.

- **Limited Resources:**  
The demand for services often exceeded available resources, particularly in providing mobile testing and sustaining awareness campaigns across multiple districts.
- **Cultural Barriers:**  
Cultural taboos around sexual health and HIV made it difficult for some migrants to openly discuss these topics, especially in more conservative communities.

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## 7. Outcomes and Impact

The intervention has had the following positive impacts:

- **Increased Awareness:**  
Migrants demonstrated a better understanding of HIV transmission, prevention, and testing after participating in BEWS's educational programs.
- **Increased HIV Testing Uptake:**  
There was a notable increase in the number of migrants seeking HIV testing services, particularly those who had previously never tested for HIV.
- **Behavioral Changes:**  
Many migrants reported adopting safer sexual practices, including the regular use of condoms.
- **Reduced Stigma:**  
The intervention helped reduce stigma, particularly through peer education and open conversations, making it easier for individuals to seek testing and treatment.

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## 8. Recommendations for Future Interventions

- **Expand Mobile Services:**  
Given the mobility of migrant workers, expanding the reach of mobile HIV testing and counseling services is essential.
- **Increase Peer Education:**  
Training more peer educators from within migrant communities can help reach larger numbers of workers and create a more trusting environment for HIV-related discussions.
- **Strengthen Partnerships:**  
Strengthening collaborations with local governments, healthcare providers, and NGOs will ensure the sustainability of HIV services for migrant workers.
- **Address Stigma Through Media:**  
Continued focus on media campaigns to reduce stigma and promote HIV education in migrant communities can encourage more people to seek testing and treatment.

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## 9. Conclusion

Basara Educational and Welfare Society's intervention has made significant strides in addressing HIV/AIDS among migrant populations in Saran, Samastipur, Patna, and Muzaffarpur. Through awareness campaigns, mobile testing units, peer education, and community-based support, BEWS has provided crucial services to an often underserved and vulnerable population. However, challenges remain, particularly with mobility and stigma. Continued efforts and expansion of services are necessary to ensure long-term success in reducing the HIV burden among migrant communities in Bihar.

## Impact and Achievements

**Basara Educational and Welfare Society's** efforts have made a significant impact on the lives of Underprivileged communities in Bihar. Through our blanket distribution camps, we provided essential relief during winter. Our health checkups contributed to early disease detection and prevention.

### Overall Impact

- **Healthier Communities:** Regular health screenings have led to earlier identification and prevention of diseases, improving the overall well-being of countless individuals.
- **Compassion in Action:** The distribution of blankets has provided essential warmth and comfort to those in need, enhancing their quality of life.
- **Empowering the Underserved:** Basara Educational and Welfare Society's initiatives have empowered vulnerable groups by addressing their critical needs and fostering social inclusion.
- **A Positive Force for Change:** The organization's dedicated efforts have made a substantial 

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impact on the health and welfare of the communities it serves.

## Our Impact in Words



*Words of a farmer after receiving a  
Blanket*

*"This blanket is more than just warmth; it's a symbol of hope. In the harsh Bihar Winters, it is a lifesaver. I am grateful to the Basara Educational and Welfare Society for their generosity. Their kindness has made a real difference in our lives."*

## Financial Overview

Income	
Subscription From Members	₹ 7,700.00
Donations	₹ 1,50,773.31
Bank Interest	₹ 811.00
<b>Total</b>	<b>₹ 1,59,284.31</b>

Expenditure	
<b>Total Expenses</b>	<b>₹158677.31</b>
<b>Net Surplus Over Expenditure</b>	<b>₹ 607.00</b>
<b>Total</b>	<b>₹ 1,59,284.31</b>



## Glimpse of Media Coverage

<https://bewsindia.com/bews/gallery>

**Basara Educational and Welfare Society's** work has garnered significant media attention. The positive coverage has helped raise awareness about the challenges faced by underprivileged communities and inspired support for our cause.



## Our Future Plans

Building on our achievements, **Basara Educational and Welfare Society** aims to expand our reach and impact in the coming year. We plan to implement following projects:

1. Basic Hand Hygiene and Sanitation for School Children. A training program for primary school children.
2. Feeding Hope: Dry Ration Kits for Flood-Ravaged Bihar
3. Palliative care services for terminally ill cancer patients.
4. Government facilitation program for Cancer affected patients in major cancer centres in Bihar.
5. Plan to continue to hold health checkup and blanket donation camps.
6. Plans to apply various government projects/ RFP'S/ EOI as per the organisational vision and mission.

## Acknowledgements

**Basara Educational and Welfare Society** would like to express sincere gratitude to our donors, volunteers, partners, and supporters for their unwavering commitment to our cause. Your contributions have made a significant difference in the lives of countless individuals.

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**BASARA EDUCATIONAL AND WELFARE SOCIETY**

**” Empowering Lives, Building Futures”**

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